

Bipolar Affective Disorder

Benefits for the outpatient medical management listed below, including the frequency at which they are allocated, are the minimum available for each member who is registered for each condition, per annum. This in no way is intended to be seen as a clinical guideline for any particular patient or condition. The scheme will pay for these benefits in full without the member requiring further authorisation.

Additional benefits may be requested for registered patients by contacting our disease management programme.

		Discipline	Code	Maintenance	Frequency (days)
GP Consultations	Consultation	14, 15	0190-0192	1	
Specialist Consultations	Consultation	22	0161-0162	2	70
Psychologist	Consultation	86	200-201	2	
Social Worker	Consultation	89	200-201	1	
Pathology					
	Serum drug levels	52	4370/4493	2	N/A
	AST	52	4130	2	150
	ALT	52	4131	2	150
	Urea & Electrolytes	52	4171	1	
	Creatinine	52	4221	1	
Applicable ICD 10 Coding:					
F31.0	Bipolar affective disorder, current episode hypomanic				
F31.1	Bipolar affective disorder, current episode manic without psychotic symptoms				
F31.2	Bipolar affective disorder, current episode manic with psychotic symptoms				
F31.3	Bipolar affective disorder, current episode mild or moderate depression				
F31.4	Bipolar affective disorder, current episode severe depression without psychotic symptoms				
F31.5	Bipolar affective disorder, current episode severe depression with psychotic symptoms				
F31.6	Bipolar affective disorder, current episode mixed				
F31.7	Bipolar affective disorder, currently in remission				
F31.8	Other bipolar affective disorders				
F31.9	Bipolar affective disorder, unspecified				

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