





Incentive Savings Option	Part A: Major Medical Benefits		
MEDICAL PRACTITIONERS	% BENEFIT PAYABLE		
Clinical procedures (during authorised hospital treatment)	100% of NRP List – plus the following non-hospitalised procedures:		
Cunical procedures (utiling authorised nospital deathleth)	- Upper or lower gastro-instestinal endoscopy (excl sigmoidoscopy and anoscopy);		
	- Upper or lower gasuro-misresumar endoscopy (excr sigmonoscopy and anoscopy), - Laser tonsillectomy;		
	- Laser tonsmectomy; - 24-hour oesophageal pH studies;		
ECHO-Tests	- Oesophageal motility.		
	Benefits are limited to a maximum of 2 per beneficiary per year.		
Visits (during authorised hospitalisation)	100% of NRP List 100% of NRP List		
Radiology and pathology (during authorised hospital treatment) MR-scans, CT-scans, radioisotope studies (during and/or not during authorised hospital treatment)			
MR-scans, C1-scans, radioisotope studies (during and/or not during additionsed nospital deadmen)	100% of NRP List – additional PAR required. Please refer to the Members' Guide for detail of certain MR-/CT-scans and radio-isotope studies which do not require a PAR and in respect of which benefits are payble as for radiology.		
HOSPITALISATION			
Pre-authorisation (PAR) required in respect of hospitalisation and the associated clinical procedures before			
treatment starts, or in case of emergency, within next two business days, otherwise no benefits allowed.			
Accommodation, theatre, medicine, material and hospital apparatus used during hospitalisation	100% of AT (Preferred Provider); or		
. 1 11 0 1	75% of NRP List (Non-preferred Provider) - levy does not apply in an emergency.		
Medicine received on discharge from hospital	No Benefit, but payable from Savings		
SECONDARY FACILITIES			
No benefits unless treatment forms part of a Case Management Programme	Benefits for clinical procedures and treatments during stay in a secondary facility will be subject to the same benefits that apply to hospitalisation.		
CONFINEMENTS			
Pre-Authorisation (PAR) required	Benefits as described in respect of medical practitioners and hospitalisation.		
	Benefits are allowed in respect of home births if a registered service provider assists with the birth.		
OUT-PATIENT TREATMENT AT HOSPITAL FACILITY	No benefit, but payable from Savings.		
MAXILLO-FACIAL SURGERY	100% of NRP List		
DENTISTRY			
Specialised dentistry	80% of NRP List - limited to R4 375 per beneficiary; R8 750 per family per year		
AMBULANCE SERVICES			
Preferred Provider (Traumalink 911)	100% of AT		
Non-preferred Provider	100% of NRP List, limited to R1 060 per family		
PRESCRIBED MEDICINE			
Chronic	No benefits		
AUXILIARY SERVICES	No referral required from a medical practitioner, except in respect of external medical and surgical accessories.		
Blood transfusions	100% of cost. Subject to sub-limits as applied per clinical protocols		
Internal medical and surgical accessories	100% of cost		
Pre-Authorisation (PAR) required			
Physiotherapy (during authorised hospital treatment)	100% of NRP List		
Clinical technology (during authorised hospital treatment)	100% of NRP List		
Medical technology (during authorised hospital services)	100% of NRP List		
DISEASE MANAGEMENT/CASE MANAGEMENT			
AIDS and HIV infections	If a beneficiary has successfully applied for the Scheme's Disease Management Programme, the following additional benefits apply:		
	R1 333 per month for medicine;		
	R3 500 per year for pathology, psychology, visits and clinical procedures.		
	A beneficiary will forfeit these benefits if he/she does not co-operate with the programme.		
Organ transplants and kidney dialysis	Benefits are allowed only if treatment forms part of a Case Management Programme. No benefits are payable in respect of organ donors.		
Oncology	Benefits are subject to treatment forming part of a Disease Management Programme. For more detail about the payment of benefits please refer to the Members' Guide.		

Incentive Savings Option	Part B: Day-to-Day Benefits
MEDICAL PRACTITIONERS	% BENEFIT PAYABLE
Clinical procedures (not during hospital treatment)	Payable from Savings (100% of cost)
Visits (not during hospitalisation)	Payable from Savings (100% of cost)
Radiology and pathology (not during hospital treatment)	Payable from Savings (100% of cost)
Material and injection material (excluding medicine) administered in doctor's consulting rooms	Payable from Savings (100% of cost)
ORTHAGNATIC SURGERY	Payable from Savings (100% of cost)
DENTISTRY	
Basic dentistry	Payable from Savings (100% of cost)
OSSEOINTEGRATED IMPLANTS	Payable from Savings (100% of cost) limited to R2 650 per family per year
PRESCRIBED MEDICINE	
Acute	Payable from Savings (100% of cost)
Non-prescribed schedule 1 and 2 medicine (PAT) supplied by pharmacy	Payable from Savings (100% of cost)
OPTICAL BENEFITS	Payable from Savings (100% of cost)
REFRACTIVE SURGERY	Payable from Savings (100% of cost)
AUXILIARY SERVICES	
External medical and surgical accessories	Payable from Savings (100% of cost)
Physiotherapy (not during hospitalisation), podiatry, orthoptic treatment, speech therapy, occupational	
therapy, audiometry, hearing-aid acoustics, biokinetics, dietitians and consultations with chiropractors,	
osteopaths, homeopaths, naturopaths and herbalists	Payable from Savings (100% of cost)
Clinical technology (not during hospital services)	Payable from Savings (100% of cost)
Medical technology (not during hospital services)	Payable from Savings (100% of cost)
CLINICAL PSYCHOLOGY	Payable from Savings (100% of cost)
PSYCHIATRY	Benefits as described in respect of medical practitioners and hospitalisation
PREVENTATIVE CARE (Immunisations)	Payable from Savings (100% of cost)
REPRODUCTIVE HEALTH (Oral, injectable and IUD contraceptives)	Payable from Savings (100% of cost)
OVERALL ANNUAL MAXIMUM IN RESPECT OF MAJOR MEDICAL BENEFITS	None
PRESCRIBED MINIMUM BENEFITS	Prescribed Minimum Benefits will be covered in the public healthcare system. To obtain the additional PMB benefits for chronic conditions, members will
	be required to register through the Scheme's Chronic Medicine Department. Should you register for these benefits and not obtain them from the public healthcare system a 80% co-payment will apply
	(le. the Scheme will only pay a 20% benefit for these conditions). Please note that this is only applicable over and above the existing benefits provided.
MEDICAL SAVINGS ACCOUNT	Please refer to the Members' Guide for further important information regarding the operation and utilisation of the Medical Savings Account.

CONTRIBUTIONS

	Member	Additional contribution for every adult dependant	Additional contribution for every minor dependant
All incomes	R 545	R 333	R 151

This is only a summary of the benefits and contributions. In case of a dispute, the registered rules will prevail.

ARREVIATION

NRP = National Health Reference Price

PAR = Pre-authorisation reference number

AT = Agreed Tariff

MMAP = Maximum Medical Aid Price (for generic medicine)

SAVINGS LEVELS

The member can choose one of the savings levels below. Changes to savings levels can be made once a year on 1 January.

Savings level	Member	Additional contribution for every adult dependant	Additional contribution for every minor dependant
1	R0	R0	R0
2	R70	R45	R20
3	R140	R80	R30
4	R180	R110	R50

Effective from 1/1/2004